

# Introduction to Reiki

Soul Support presents  
Master Reiki Practitioner Karl Vidt of MCC  
**July 28, 2008 @ 7:00 - 9:00pm**



**Free admission ~ donations gratefully accepted!**

An introduction and overview of Reiki, the Usui System of Natural Healing. The energy of Reiki connects us with the inner sense of wholeness and well being from which physical healing flows. The presentation is informational, covering the history of the tradition, and how the art of Reiki is practiced. It is not a training in the art. However, attendees will be provided an opportunity to experience a Reiki treatment.

## Soul Support: Tapping into LGBT Spirituality

For more information, please contact program coordinators  
Jo-Lynn Otto or Kevin Nguyen at 408-293-3040 (x112)

**Billy DeFrank LGBT Community Center**

938 The Alameda, San Jose, Ca 95126 ~ [www.defrank.org](http://www.defrank.org)

